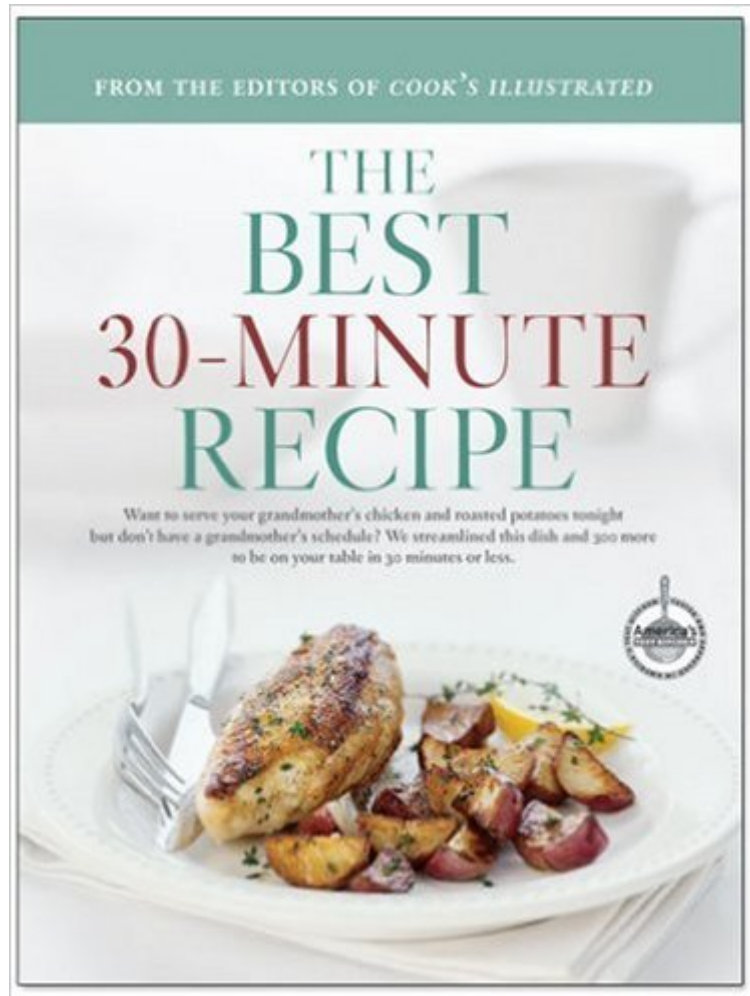


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# The Best 30-Minute Recipe



## Synopsis

300 Fast and Flavorful Recipes from America's Most Trusted Test Kitchen Tired of quick recipes that aren't really quick or don't taste very good? While some cookbooks promise 30-minute meals, America's Test Kitchen delivers. The Best 30-Minute Recipe is packed with more than 300 great-tasting recipes, along with time-saving techniques that will help you become more efficient in the kitchen. You'll also find honest evaluations of ingredients important to quick cooking, such as chicken broth, preshredded cheese, instant rice, and more. And because the type of equipment you use is important to the success of any recipe made in 30 minutes or not, we tell you which brands are worth buying. The Best 30-Minute Recipe features a surprisingly wide range of recipes. You get not only the very best versions of naturally quick dishes like salads and stir-fries, but also quick and easy recipes for typically long-cooking dishes that you'd never even think of making on a weeknight, including meatloaf, lasagna, beef pot pie, and a pad thai so easy that you may never call for takeout again. With efficiency and good taste, The Best 30-Minute Recipe is the time-pressed cook's guide to getting dinner on the table, night after night.

## Book Information

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## Customer Reviews

If this is your first cookbook from the ATK/Cook's Illustrated crew, I can almost guarantee you will be very happy with it. It's a very thorough and accessible approach to some cracking good recipes. The prose style is entertaining and informative and helps a less experienced cook get some insight into the tastes and textures that make a "good" recipe. But if you want to learn more or get further into

the style, you may find that you get less genuinely new material with each subsequent purchase. While any one of their books is very much worth having, they tend to endlessly repackage and reissue their recipes in various formats. That's a little problematic for someone who is a fan of the ATK approach, but also is in no way a collector of cook books. If a cook book has 3 or 4 recipes that I haven't seen before and genuinely want to try, I'll be satisfied, and each new ATK issue just barely satisfies that criterion. But the relatively high cost of acquiring these new recipes along with the 5th iteration of, say, mashed potatoes, Chicken Parmesan and skillet tamale pie, may irritate and exasperate some buyers. One reviewer called these folks "A cottage industry gone amok". That has some truth to it, but it may be a little harsh. A more sympathetic reframing might be that they are simply trying to package their recipes in convenient ways so as to meet the demands of a particular segment of the cookbook market: "Best Recipe" vs "America's Test Kitchen companion series" vs "Cook's Illustrated compilation". And "Quick Meals" vs "Light Meals" vs "Vegetables" and "Soups and Stews". But at some point, the typical cook will probably decide that he or she is being rather cynically exploited by some shrewd entrepreneurs determined to squeeze every possible cent out of about 350 really good recipes, supplemented with some helpful product reviews. I haven't reached that point yet, but I may soon. So in summary: excellent cookbook, but docked a star for my purposes because I am paying "all new recipe" prices for a "20% (or less) new material" format.

This is my eighth book in my Cook's Illustrated (CI) collection and I have really enjoyed it. While it is true that many of CI's cookbooks are packed with repeat and/or repackaged recipes as other reviewers have pointed out, this book stands out from the pack in that it offers techniques in streamlining recipes so that you can get a delicious meal on the table in 30 minutes or less. And yes, every recipe I have tried has lived up to that promise (unlike other famed 30 minute cookbooks!). For people familiar with CI, this is quite a change in pace. My only real complaint with other CI books has been that the recipes can be involved and time consuming and leave your kitchen looking like a disaster area when you're finished. The good people at America's Test Kitchen didn't seem to be aware with how much kitchen equipment they had you dirtying with their recipes! This hardly made CI recipes very appealing on those weekdays when you needed a fast and easy meal on the table. This book changes all that! I can finally have delicious CI recipes even on high-stress, fast-paced days! It is clear that CI had two very distinct goals when they put this book together...(1)every meal truly must take the average home cook 30 minutes or less to prepare, and (2)every meal must taste great. While this may sound like a given, most other 30 minute/quick meal books do not always deliver on those counts. Not only do they usually take the average cook

WAY longer to prepare (do they even take prep time into consideration when they are putting together the recipes?) but even more importantly, all too often the shortcuts they take compromise the overall quality of the dishes, leaving them flat and unexciting. This is not so with CI's 30 Minute Recipe. They truly have found ways to shave time and effort off of so many of their recipes without compromising the overall flavor. How exciting to be able to deliver delicious meals even on the most stressed days! I do also love the "Got Extra Time" feature that some of the recipes come with, which gives you the option of making the meals even better if you have a few extra minutes (like using long grain rice instead of instant or adding a few other components to enhance the overall flavor) but the recipes as written are still perfectly delicious on their own. It's just nice to have that option on days that you have a little extra time to put into the recipes. While the techniques are different than other CI cookbooks, you can still count on all the features that you come to expect from America's Test Kitchen...the product and equipment ratings, illustrations of techniques, quick tips, and detailed explanations as to how they arrived at their recipes can all be found in this book as well. Even the most seasoned CI veteran can still feel comfortable with this book--the techniques may be different but the governing principles of CI are still front and center! In short, I love this cookbook! While I'm an avid cook and very often enjoy spending extra time in the kitchen putting together delicious and in-depth meals for my family and friends, even I need a quick, low-maintenance meal from time to time. Thanks to CI, I now have techniques to streamline my cooking processes while still delivering fabulous meals!

Have tried four recipes and all have been very quick and easy to make and have been delicious. Have given the book as gifts and plan to give more. An outstanding book in a wonderful series of books. Never a disappointment with Cook's Illustrated books. Highly recommend to beginner or experienced cooks.

I have yet to find a weak recipe in this cookbook and have used it nightly for several weeks. The recipes are straightforward to follow, use fresh ingredients, and yield excellent results. Highly recommended for any busy person who loves really good food.

I gave up on cooking many years ago. In the past, I would spend hours in the kitchen to make one dish that would turn out so so. I was so frustrated that my husband took over the cooking in our home. He can make up his own recipes and the dishes would turn out delicious. I do not have that skill. I have been looking for that one cookbook that had easy to prepare recipes that were fast and

delicious. This is that cookbook. So far, I have made 3 meals since Christmas and they have all been easy to make and delicious. The recipes have been so good that I am actually looking forward to my next time cooking. I appreciate the written discussion with the recipes to explain some of the ingredient choices and hints to help with the recipe. With me not being an experienced cook, I need all the help I can get. I have been very pleased with this cookbook.

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